# Approaches to identify consumer opportunities for innovation in the avocado industry

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## Understanding consumers informs innovation



### How do we do it?



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## Avocado pilot sensory research February USA 2023

#### Aim:

Creating avocado-specific SENSORY research techniques to support innovation and marketing

#### **Objectives:**

Develop a protocol for sensory evaluation of avocados, considering emotional response and situational appropriateness measurements

N=135, occasional and regulars consumers of avocado, Calabasas LA



### Lack of differentiation in avocado is a challenge



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## Emotions are easy to relate to, yet difficult to measure

VEGANAVOCADO
CHOCOLATE MOUSSE

Happy Surprised

Safe Worried

Reassured Disgusted





## Occasion appropriateness is hard to measure out of context







## We piloted an avocado specific sensory protocol to test ripeness and its impact

Instrumental and visual measures



Serving and allocation design

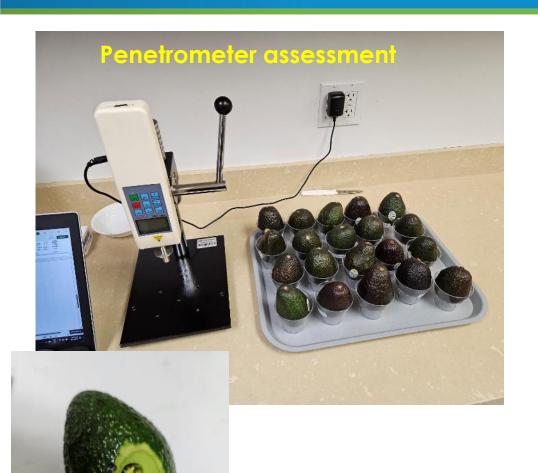


### Sensory questionnaire development

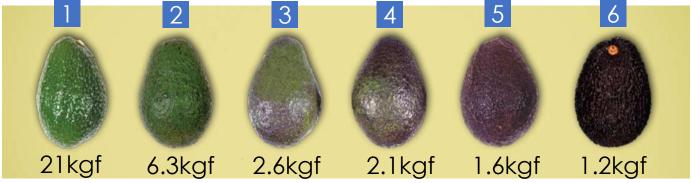
- Screening criteria
- Sensory characterisation 'Check-all-that-apply' avo specific (CATA) lists: flavour, texture, appearance
- Emotional response metric
- Occasion Item-By-Use (IBU)
- Overall Liking, purchase intent, premium potential



### We measured ripeness 2 ways



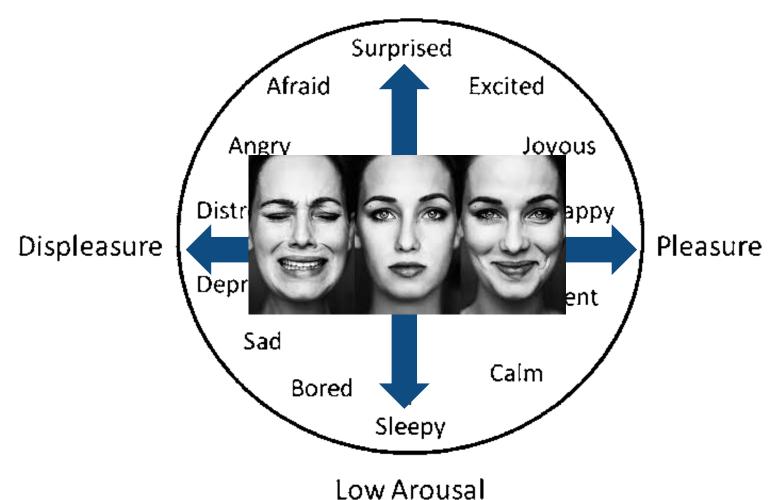
#### Skin colour scale





## We measured emotional impact using CATA emotional circumplex

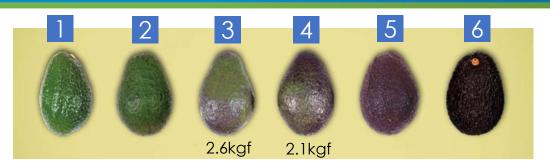
High Arousal



- Assisted-self reporting
  - CATA EMOTIONAL CIRCUMPLEX
- Intrinsic emotions measure - facial coding etc..

### Ripeness impacts emotional response





- Ripening score = 4, at an average of 2.1 kgf of firmness, 56% of consumers were happy, satisfied.
- Compared to ripening score = 3, average of 2.6 kgf, only 35% of respondents were happy, satisfied.
- → 0.5 kgf = 21% less consumers satisfied!!!!



## Easy to disappoint – disconnect between expectations and reality



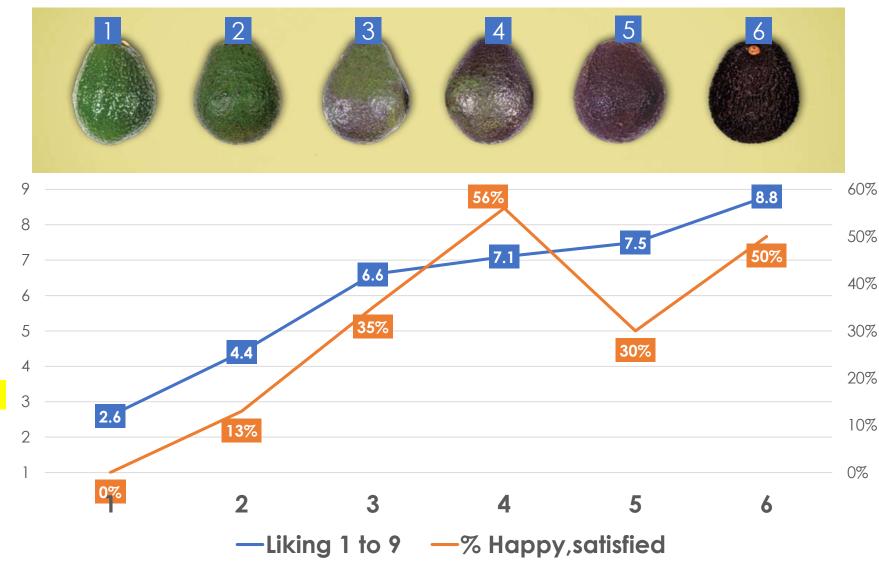


- 57% of people were disappointed to discover that green Haas avocado (score1 and 2) were not soft on the inside!
- → Good news for green skin?

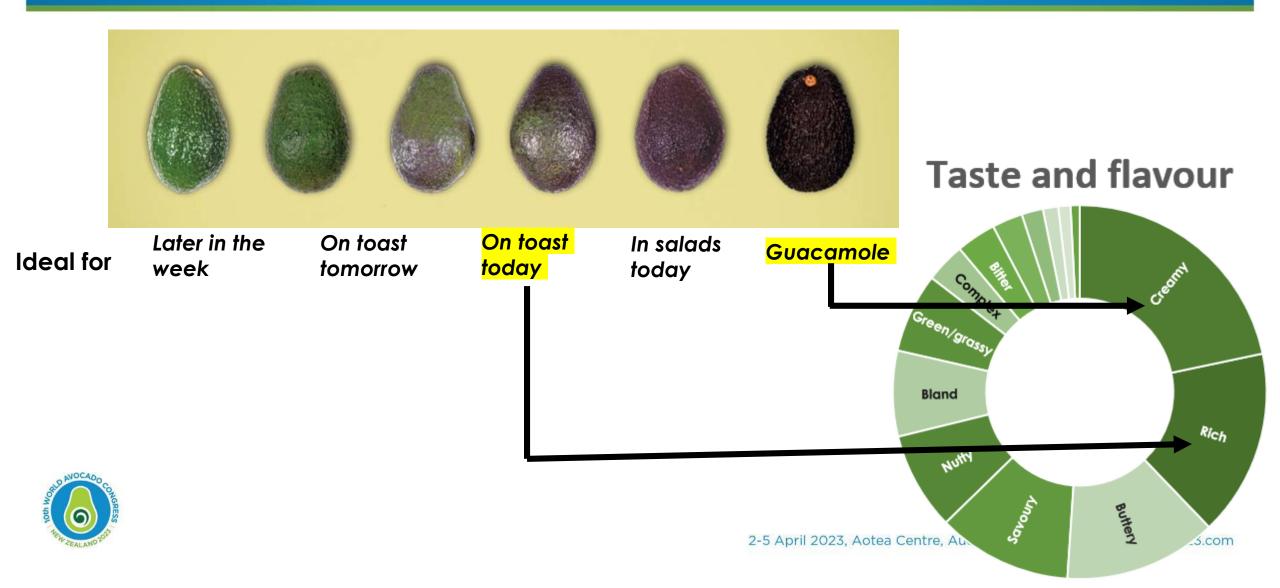


## Liking and emotional impact are not always aligned

- Liking has been the main measure used to distinguish foods
- but with the availability of many products with similar liking ratings, food industry is turning to emotions as another way to distinguish among products
- Measures of emotion give us additional affective insight that goes beyond preference and inform product elevation.



## We also modelled the interaction between firmness, occasions and ideal experience



### How can we use sensory insights

- Redefine what ideal ripeness means for consumers across occasions, emotionally, functionally and experientially
  - > RTE, RTP, RTR
- >Inform portfolio and format development
- >Inform pack design and messaging

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Sensory consumer research can help understand how to build differentiation and capture more value for growers and marketers



## Questions

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